



WHAT'S ON:

Your guide to activities, clubs and events in the borough
See centre pages for full details.



Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 44, 6 June 2011

News from Annual Council

Council Leader sets goals for coming year at Annual Council meeting as Councillors' allowances are cut by five per cent

Councillors from all three local political parties came together on Thursday 26 May to take part in Waltham Forest's Annual Council ceremony.

During the evening, votes were cast to decide the members of the borough's numerous political committees, as well as to name the borough's Cabinet and Mayor.

Cllr Geoffrey Walker was elected as the Mayor of Waltham Forest.

One of the Mayor's inaugural responsibilities was to uphold a unanimous vote from all councillors to reduce their personal allowances by over five per cent. Furthermore, councillors also voted to halve the Mayoral budget and delete the Deputy Mayor position as part of the Council's ongoing efforts to save £65million over the next three years.

Leader of the Council, Cllr Chris Robbins, used the occasion to set out his priorities for the next twelve months, while praising the borough's accomplishments over the past year.

Cllr Robbins told Waltham Forest News: "In the past twelve



Councillors from all local political parties attend the Annual Council meeting

months, we've had some great news for residents. We've secured over £7million funding to redevelop Lloyd Park and the

managed to invest money into things like opening schools for the summer, more street sweepers and extra police.

"Now it's up to us to continue to deliver the vital services our residents rely on."

William Morris gallery; there's been a significant improvement in street cleanliness and – in the face of budget cuts – we've

"Now it's up to us to continue to deliver the vital services our residents rely on at the standard they deserve."

More info

Turn to page 3 to read more about the new Mayor of Waltham Forest. You can find out who your local Councillors are by turning to p10 or visit www.walthamforest.gov.uk/councillors. Free internet access is available at all libraries in the borough.

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News

In my opinion

Tasmia Syeda Tahia

Olympic Youth Ambassador



The London 2012 Games are probably the biggest and most important event happening in a lot of people's lives. Being part of this once in a lifetime opportunity as the Olympic Youth Ambassador for my school, Connaught School for Girls, makes me feel even more fortunate.

I am very proud to be representing my school and borough, as well as my Asian-Bangladeshi heritage and, most importantly, the views and thoughts of the youth of the borough who will inherit the legacy left by the Olympics.

Becoming an Olympic Youth Ambassador was a dream-come-true for me. I first found out about the scheme at the Leyton Summer Fair after speaking with the Council's 2012 team. I was also inspired by my aunt, Fatima Marzia, who saw in me the qualities needed to fulfill this role.

I am also grateful to my parents, my form tutor, Valerie Robins, and her lovely art technician Tina for their continuous support and inspiration which enabled me to undertake this role. And it would have been impossible without the support and guidance of my school, particularly, my Head of Year and my Headteacher.

I have had many exciting opportunities as an Olympic Ambassador in the past six months, from touring the Olympic Park to attending the Love Your Borough Awards and meeting Olympians Jonathan Edwards and Kriss Akabusi. More recently, I helped launch the audio tour of the Olympic Park.

Most of all, this opportunity has taught me to never stop believing in myself and to strive for success.

This thought makes me want to introduce the 2012 Torchbearers Nominating process. This is a fantastic opportunity for everyone who wants to be a part of the Olympics or knows someone who lives up to the Olympic values.

The London 2012 organisers are looking for 8,000 torchbearers who would be in the heart of the action of the Torch Relay in 2012.

I am grateful to all those who saw the potential in me and enabled me to enjoy this role, so if you know someone who has potential, this may be the time to show that you have seen it in them as well. I hope you all have a great Olympics.

To nominate someone as an Olympic Torchbearer, visit www.london2012.com and search for 'Moment to Shine'.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 400 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



'Wanderlust' by Fabien Ho was part of the 2010 E17 Art Trail. Photo by Julia Rodriguez Gallego

Register for E17 Art Trail

- Last chance to sign up for annual art event
- Registration for E17 Art Trail ends on Monday 13 June

It's a last call for those wanting to get involved with the seventh annual E17 Art Trail, with organisers telling artists they need to be making their way to the starting line.

This year's theme is 'On your marks!' and clearly has an eye on next year's Olympic and Paralympic Games. However, the theme can be interpreted in a number of ways, be it a literal celebration of the forthcoming sporting events to a more abstract

interpretation about the mark local artists and residents can leave as our part of London 2012.

The event runs from 2-11 September, but time is ticking if you want to take part yourself – the booking deadline is Monday 13 June. The Trail is open to all – as long as they are able to secure a venue within E17 and host an event.

Last year saw 1200 people taking part, with 200 events taking place over ten days. 2010 also saw the E17 Art

Trail winning one of Waltham Forest's 'Love Your Borough' awards for their commitment to giving something back to the local community.

Laura Kerry, one of the event's founders told Waltham Forest News: "The greatest areas for development (of the Trail) now must include further partnerships with local business and if any would like to get more involved please get in touch. Partners' packs are available through our website.

We are always looking to find new and surprising venues for art as well as supporters of the Art Trail.

"In the longer term we would like to develop more work with regional or national arts organisations."

More info

To find out more, or to register to take part, visit www.e17artrail.co.uk. Free internet access is available in all of the borough's libraries.

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries:

Eva Jaber, 020 8496 3000 (press 6)
advertisingwfn@walthamforest.gov.uk

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The New Mayor of Waltham Forest, Cllr Geoffrey Walker, and former Mayor Cllr Masood Ahmad

New mayor elected

- **Cllr Geoffrey Walker announced as borough's new first citizen**
- **Former Mayor Cllr Masood Ahmad praises generosity of the residents who helped him raise more than £60,000 for charity**

Waltham Forest welcomed a new Mayor on Thursday 26 May as part of this year's Annual Council ceremony.

Long-serving Hatch Lane ward member Cllr Geoffrey Walker was elected as the borough's first citizen amid plaudits from all political parties and announced that his charity for the year would be Haven House Children's Hospice, a caring organisation for children and young people with life-limiting conditions.

Cllr Walker spoke passionately about the charity, and hopes to provide much-needed equipment and support through a year of intensive fundraising.

Cllr Walker is no stranger to mayoral duties, having been an active member of the Mayor's Charity Committee since the mid-1990s and having instituted the borough's popular civic carol concert. Beyond his hard work for the borough,

Cllr Walker has worked in the engineering industry and is an accredited local preacher in the Methodist Church.

Cllr Walker is both a fan of brass band music and an accomplished musician in his own right. He became a Freeman of the City of London and a member of The Guild of Freemen in 2004.

The night also saw Cllr Masood Ahmad stepping down as the borough's first

citizen and being praised for the enthusiasm of his mayoralty. Cllr Ahmad has raised well over £60,000 for his chosen charities – Whipps Cross Hospital and the Farishteh Trust, a local charity offering respite care for disabled young people. Money is still being received and this figure could still rise. Cllr Ahmad thanked the local community for their generosity and looked

back on the year that had seen him attend almost 500 engagements, two 'Love Your Borough' celebrations, the borough's 300th citizenship ceremony and hosting delegations of visitors from as far afield as China, Indonesia, Greece and Bulgaria.

As well as welcoming the new Mayor, Annual Council also saw the borough's councillors unanimously vote to reduce the basic allowance for councillors by 5.3 per cent, reduce the mayoral budget and delete the post of deputy mayor as part of ongoing efforts to save £65m while facing increased demand on vital services such as social care.

Fact file

- In May each year, the Council elects a Councillor to serve as Mayor for twelve months.
- The Mayor is the Borough's civic and ceremonial head for a year and during that time, chooses not to serve on committees but instead acts as Chair of full Council meetings.
- The Mayor represents Waltham Forest at public, civic and ceremonial events. The Mayor's role extends to include events and organisations that support the community. The Mayor also entertains guests in the Mayor's Parlour for both formal and informal events.
- Together with the Queen's representative, Major Jeremy Fern TD DL, the Mayor receives members of the Royal Family and VIPs during official visits to the area.

More info

For more information about the mayoralty visit www.walthamforest.gov.uk/the-mayorality. Free internet access is available in all of the borough's libraries

Leader's view

Cllr Chris Robbins

Leader - Waltham Forest Council

The Annual Council Meeting is an important date in the year as it gives the chance to reflect on the challenges the Council has



faced and some of the achievements made over the past twelve months.

Earlier this year the Council reluctantly agreed a budget containing the biggest package of savings we've ever had to introduce in Waltham Forest. Cuts in funding and increasing financial pressure mean that Waltham Forest must make savings of £65 million over the next three years.

However the Council made it clear that we wanted to protect the services residents valued the most highly and while we have had to look at savings across the board, we have continued to invest money in services residents say are most important.

We've paid for extra police officers, are opening schools for the summer to provide activities for residents of all ages, paying for more street cleaners and investing in services for vulnerable people.

"Over the coming year the Council will continue to deliver and fulfill its promises to our residents in the lead up to the 2012 games and beyond."

The Council faces a number of financial challenges in the next year as we continue to make the savings necessary to balance our budget and build on the progress we've made in cleanliness, street safety and regeneration. We are determined to provide better services across the board, including improving the service you can expect whenever you contact the Council.

At the annual meeting I had the pleasure of thanking Cllr Masood Ahmad for his dedication to Waltham Forest during his year as Mayor.

I also welcomed Cllr Geoffrey Walker as the new Mayor of Waltham Forest and gave him my best wishes at the beginning of what will be a memorable year for him, and indeed our whole community, in 2012.

Over the coming year the Council will continue to deliver and fulfill its promises to our residents in the lead up to the 2012 games and beyond. It is my job to work to get the best possible deal for residents in difficult times and make Waltham Forest a better place to live and work.

Get involved

I'd like to hear from you. I have a page on the website where you can get more information and email me. Visit www.walthamforest.gov.uk/leader and you can write to me at the town hall.

News

In brief

Local projects need your vote

Two local community projects need your vote as they go head-to-head with other National Lottery-funded projects from across the UK in the semi-finals of The National Lottery Awards 2011. The Awards recognise the impact that Lottery-funded projects have on local communities and these semi-finalists have been shortlisted for the big differences they have made in Waltham Forest. 'Include Duchenne' – competing for Best Education Project – focuses on the behavioural and learning difficulties that often affect children with Duchenne Muscular Dystrophy; a serious and progressive muscle wasting condition. While 'The Smiling Sessions' – up for Best Arts Projects – sees musicians hold musical workshops in homes for the elderly.

- For more information on each project, or to register your vote, visit www.lotterygoodcauses.org.uk/awards. Free internet access is available at all libraries in the borough.



New sensory facility at children's hospice

Haven House Children's Hospice, a care centre in Woodford Green that is open to children in Waltham Forest, opened its new sensory facility last month. The facility will now provide stimulating and exciting multi-sensory experiences for children staying at or visiting the centre. Haven House's chief executive, Mike Palfreman, said: "Many of the children supported at Haven House have limited movement and the beauty of these systems is that the smallest of movements can create a whole range of sights and sounds that help to stimulate them and improve their movement and confidence." Waltham Forest's new mayor, Cllr Geoffrey Walker, has selected the hospice as his mayoral charity for the forthcoming year.

- For more information, visit www.havenhouse.org.uk or phone 020 8505 9944.

Happy trails

Community groups hiring minibuses through local charity Community Transport Waltham Forest (CTWF) can now look forward to a little more leg-room, after CTWF's acquisition of some trailers. The charity, which hires out vehicles for community excursions and transport, could finally heed calls from their customers for extra luggage capacity after securing a Lottery grant. However, drivers already hiring CTWF's minibuses will have to undergo one half-day training session before taking the trailers on the road. CTWF's John Pinckney said: "Although trailers do not have engines to go wrong, remember they are road going vehicles and therefore users will be required to undergo training."

- For more information on training or CTWF's services, visit www.communitytransportwf.co.uk or phone 020 8521 0665.



Residents can still get face-to-face advice

Here to help

- Council to launch pilot scheme in Leyton Library to ensure residents can continue to get face-to-face advice
- Residents will be able to pre-book appointments to get in-depth or confidential help

As we reported in the 23 May edition of Waltham Forest News, three of the borough's Waltham Forest Direct (WFD) shops – the 'one-stop' shops for advice on Council services – will be closing at the end of August as part of the Council's savings measures.

The shops in Leytonstone, Leyton and Chingford will be closing. While residents will still be able to phone the Council for help and advice, email in

with their enquiries or visit the Council's website we know that, for some types of enquiry, a face-to-face conversation might be preferable.

Residents will still be able to visit offices like Juniper House – where the revenue and benefits team is based – and Cedar Wood House – the housing services office – to access specific services. As it is the largest, the most central, the most visited and the easiest to get to, the Walthamstow WFD shop will remain open.

From Monday 20 June the Council will also be testing a new scheme whereby visitors to Leyton Library will be able to access WFD services. As well as issuing books, CDs and DVDs and helping residents with library-related queries, staff will also be on-hand to answer general queries and help visitors access the services they need over the phone or online.

For enquiries regarding housing or benefits residents should pre-book appointments to discuss these matters. These meetings will be away from the main library area so as to minimise disruption and ensure privacy. Existing quiet study areas in the library will also be retained in full.

Waltham Forest's Cabinet Member for Corporate Resources, Business and Employment, Cllr Afzal Akram, told Waltham Forest News: "We've have to save £65m over the next four

years whilst facing increased demand on vital services such as social care and this means we have to make better, smarter use of the money we have. If we're going to be able to offer every single one of our residents high-quality services then we need to do things differently. The pilot scheme forms part of this plan.

"Our residents already use libraries for many different purposes, and we believe this pilot scheme will offer them more while helping us save money and protecting vital frontline services."

More info

If you've got an enquiry about any Council service you can phone 020 8496 3000 or email wfdirect@walthamforest.gov.uk. To find our more about Council services visit www.walthamforest.gov.uk. Free internet access is available in all of our libraries.

Shining a light on homeless help

- New exhibition focuses on charity volunteers and London's homeless
- Aim is to "challenge common perceptions" of those in need



A new photography exhibition aims to explore the complex relationships developed between one charity's workers and some of London's homeless men and women.

The 'Guests and Volunteers' series, on show

at Walthamstow's Tokarska Gallery, provides a rare glimpse into the London Crisis Rough Sleepers Centre, which offers vital shelter over Christmas.

Although normally closed to cameras, long-term Crisis volunteer Mark Burton was granted special permission to

shine a spotlight on the centre in 2010, and take a series of haunting portraits.

Mark, who previously worked locally, capturing images of Walthamstow Stadium, said: "One of the most important things that happens at Crisis are the dignified and respectful relationships that develop between guests and volunteers."

This project, Mark says, represents those relationships and challenges common perceptions of homelessness. Prior to the shoot, Mark had his subjects remove any identifiable name-tags or badges, leaving the viewer left to wonder which subjects are

volunteers and which are not.

The exhibition, running until Saturday 18 June, will also feature a discussion forum on Saturday 11 June from 2 – 4pm, with fellow Walthamstow photographer Katherine Green. Speakers, including subjects from 'Guests and Volunteers,' will discuss the challenges and responsibilities of representing individuals in vulnerable situations.

More info

For more information, contact Mark direct through www.mburtonphoto.com or see the exhibition at Tokarska Gallery, 163 Forest Road, Walthamstow, E17 6HE.

In brief

Victorian childhoods

For most children life without TV, mobiles and the internet is unthinkable; but a new exhibition at Vestry House Museum aims to change all that. Visitors to the new Victorian Childhood exhibition, running until 17 July, will find jeans and hoodies replaced with top hats and pantaloons, while PS3s are swapped for humble games like the ball and cup. Interactive aspects of the exhibition – on loan from the Luton Museum Service – also include a family quiz and an old-fashioned puppet theatre. Elsewhere, the fun and games make way for serious topics, including family life, education and the shocking realities of child labour.

• For more information phone 020 8496 4391 or visit the exhibition at Vestry House Museum, Vestry Road, Walthamstow E17 9NH, Wednesday to Sunday, 10am – 5pm.

Measles vaccination

The NHS is asking parents to have their children fully vaccinated against measles as many European countries are reporting large outbreaks of the disease. Dr Jane Moore, director of public health for NHS outer north east London, said: "The most effective way of preventing measles is the MMR vaccine. I urge parents to check their children have had both doses of the vaccine." Children in the UK are offered immunisation against measles with the MMR – measles, mumps and rubella – vaccine. The first dose is given at 13 months old with a second dose given before a child starts school.

• For more information, contact your GP or visit www.nhs.uk. Free internet access is available at all libraries.

Could you offer love, care and commitment to a child who may have had a difficult start in life? Fostering a child could be one of the most rewarding things you do.

To find out more come along to meet social workers and foster carers at our information session on

Tuesday 21 June

at: Waltham Forest Town Hall
(Room 3), Forest Road, Walthamstow
E17 4JF (6.30pm–8.30pm)

to request an information pack call

020 8496 3000

or to speak to the
Fostering Team directly call:

020 8496 1598

(9am-5pm Mon-Fri)

Alternatively, please e-mail
susan.buckman@walthamforest.gov.uk or visit
www.walthamforest.gov.uk/adoptandfoster

In Waltham Forest we believe that all kinds of people can help make a positive contribution to a child's life. So whatever your culture, race, religion or sexuality we would love to hear from you.

We particularly welcome enquiries from European families and families who would consider caring for sibling groups and children with disabilities, children with challenging behaviour and supportive people who have parenting experience for mother and baby placements.

We provide excellent support and training throughout and after the fostering process, as well as on-going training and a fostering allowance.



Our Environment

Park Life -

This new feature series looks at the parks and green spaces available throughout Waltham Forest and highlights opportunities for you to enjoy some of the best free leisure facilities around. In this edition we look at the “jewels in the north” in Chingford, which include a brilliant model railway.

The map illustrates the Chingford area with several parks highlighted in green: Drysdale Park, Mansfield Park, Ridgeway Park, Chase Lane Park, Memorial Park, Pimp Hall Park, and The Highams Park. Major roads including the North Circular Road (A406), Chingford Mount Road, and various local streets like Kings Head Hill, Station Road, and Chingford Station are shown. Chingford and Chingford Stn are marked on the map. A photograph of a path through a park is included in the bottom left corner.

Drysdale Park, Drysdale Avenue, E4

- Under 7's play area.
- Under 12's play area.
- Hard court area.

Mansfield Park, Mansfield Hill, E4

- Great views over reservoirs, ideal for picnics and bird watching.
- Large open space.
- Ornamental gardens.

Ridgeway Park, The Ridgeway, Old Church Road, E4

- Open space.
- Tennis courts.
- Putting green.
- Outdoor table tennis.
- Multi use games area.
- Fitness equipment.
- Petanque.
- Under 7's play area.
- Under 12's play area.
- Miniature railway operates on Sunday afternoons in the summer.

Chase Lane Park, York Road, E4

- Under 7's play area.
- Under 12's play area.
- Skateboard park.

Pimp Hall Park, Simmons Lane, E4

- Mixed age play area.
- Great views over Chingford.
- Large open spaces ideal for picnics.

The Highams Park, Keynsham Avenue, Woodford Green, Essex

- Grassed area with a variety of trees.
- Great views of the adjoining lake and Epping Forest.
- Under 7's play area.

Memorial Park, Chingford Mount Road, E4

- Bowling green.
- Large open space ideal for games and picnics.
- Ornamental pond.
- Pavilion.
- Tennis courts.
- Under 12's play area.
- Under 7's play area.

More info

To find out more about Chingford's parks visit www.walthamforest.gov.uk/parks and to find out about events in parks visit www.walthamforest.gov.uk/whats-on. Free internet access is available in all libraries in Waltham Forest. To book a park for an activity phone Waltham Forest Direct on 020 8496 3000, or fill in an open space booking form from the Council's website and email it to judy.beaupierre@walthamforest.gov.uk.

6

Chingford



Pimp Hall Nature Reserve, Memorial Park, Ridgeway Park and Drysdale Park

Natural beauty

- Parks in the north of Waltham Forest reflect the area's rural heritage
- Open spaces in Chingford help bring communities together with fun packed activities

If you'd visited Chingford 80 years ago, you would probably have found yourself in a field, with perhaps a few trees for company. It is a testament to the efforts of the community throughout the decades that large areas of rustic rural charm still remain today.

And it is these open spaces that have played such an important role in bringing the local community together to provide a place to socialise, play, relax and enjoy.

Regardless of whether it's the model railway in Ridgeway Park, the Bowling Green, pond and pavilion at Memorial Park or the stunning natural beauty of Pimp Hall Nature Reserve that people are looking

for, they continue to flock in their thousands to Chingford's parks.

Other hidden delights include play areas for under sevens and under 12s and a kickabout area at Drysdale Park in Drysdale Avenue, while Pimp Hall Park in Simmons Lane has a basketball court, new adventure playground and fantastic views across London.

There has also been the £220,000 installation of natural play facilities at Chase Lane, Ridgeway, Memorial and Pimp Hall Parks through the Play Builder scheme.

And the Council is working hard so there are plenty of opportunities to take part in leisure and

conservation activities in Chingford's parks.

Waltham Forest Council's Cabinet Member for Leisure, Arts and Culture, Cllr

Geraldine Reardon, said: "Chingford is the greenest part of Waltham Forest and the parks there give residents the chance to really

get close to nature and get away from it all.

"There are unique and unusual features in many of Chingford's parks and they are well worth a visit because you'll be sure to find something to interest you, regardless of your age."

As well as encouraging as many natural habitats as possible the Council is also keen to encourage more people to use parks to stay fit and healthy and 'Green Gyms' are now taking place around the borough.

These give people the chance to do much needed conservation work in the parks and help the environment while keeping fit and healthy.

In addition to the Green Gyms, Groundwork London

Fact file

The Council is encouraging natural habitats in Chingford's parks by:

- Reducing mowing and encouraging natural long grass areas in Mansfield Park, Ridgeway Park and Highams Park to provide home, food and shelter to a variety of creatures such as butterflies, voles and grasshoppers.
- Creating a trial wildflower meadow area within the long grass areas at Mansfield Park. It is hoped that wildflower meadows will be created in other parks in the borough over the next two years.
- Creating deadwood areas in parks for nesting birds, bats and different mammals to live and thrive in.
- Building 'Minibeast hotels' in Ridgeway Park for hibernating creatures such as butterflies, moths, lacewings and some bees.

also run volunteering days in our parks and open spaces.

You can get involved in activities in your local park as part of a Friends of Park Group or users group.

To find out about Green Gyms or Friends of Parks groups, or if you are interested in setting up a user group or Friends Group please contact liza.sumpter@walthamforest.gov.uk.

More info

To find out about the conservation activities in Waltham Forest's parks visit www.walthamforest.gov.uk/green-celebrations.htm. Free internet access is available at all libraries in the borough.

What's On

Sports and fitness

Silverthorn Saturday Morning Bowling Scheme

Saturdays, 10.30am-12.30pm.
Ropers Avenue Ground,
Chingford, E4 9EJ.

Come and try Lawn Green Bowling on a Saturday morning, free of charge. Qualified bowls coaches with CRB checks. Sessions are for Children aged 11-16 and Adults 17 plus. Make it a family event or come alone and join in the fun. Flat shoes required.

For more information phone 020 8531 6619 or 020 8527 2919.



Salaam Peace Girls' and Women's Day

Sunday 19 June, 2-5pm.
Kelmscott Leisure Centre,
Markhouse Road, E17.
Salaam Peace Events Management is proud to announce the first SP Girls' and Women's day. Sports on the day include badminton, football competition and workshops, handball and basketball. The event is aimed at females aged 8 or over and is open to all our associate groups, and local residents. For more information visit www.salaampeace.org.

Hit 4 Six cricket tournament

Sunday 12 June, 10am-2pm.
Low Hall Sports Ground,
South Access Rd, E17.
6-a-side cricket tournament.
Three age groups: U11s – school years 5 and 6; U14s – school years 7 and 8; U17s – school years 9, 10 and 11. First ball bowled at 10am, event finishes by 2pm. Free to enter, four teams per age group and maximum squad size of 8 players. Trophies for winners.

For more information visit www.salaampeace.org

Karate Classes

Days and times vary.
Four venues: Waltham Forest Pool and Track, Peter May Sports Centre,

Forest School and Larkswood Leisure Centre.
Everyone is welcome to try Karate but children must be over the age of 6. No special clothing is required just wear something loose fitting. Please arrive 10 minutes before class to register. First class is free. To find out more visit www.karate-london.co.uk or phone 01992 768 664.

Yoga for Pregnancy and Birth

Saturdays, 10am-12pm.
Mondays 6.45-8.30pm.
Quaker Meeting House,
Bush Road, E11.
Yoga class to help you cope with the changes of your body during pregnancy and prepare you for your labour. Using breathing, visualisation and relaxation techniques. £62 per month paid monthly in advance (concessions available).

For more information visit www.yoga4birth.co.uk or email info@yoga4birth.co.uk

Zumba classes

Tuesdays and Thursdays
7.30-8.30pm.
Tuesdays at St Andrew's Church,
St Andrew's Road,
Walthamstow E17 6AR.
Thursdays at Harmony Hall Upper Room, 2A Truro Road,
Walthamstow E17 7BY.

The routines feature interval training sessions where fast and slow rhythms and resistance training combine to tone and sculpt the body while burning fat. £5.50 a class or £27 for six weeks.

For more information phone Jackie on 0771 7330993, email vibe.wellnesshealth@gmail.com or visit www.vibe-wellness.co.uk

Tell us what's on

walthamforestnews@walthamforest.gov.uk

Clubs and community

Community Transport Waltham Forest Excursion Club

Friday 10 June, 10am-6pm.
Monday 20 June, 10am-6pm.
The Excursion Club provides supported transport in accessible vehicles for older people and those with mobility problems who find it difficult to use public transport. With seven miles of seafront, Southend-on-Sea is an obvious

choice for a day out. Relax on the minibus journey as you watch the scenery go by. Upon arrival, enjoy the fresh air, wonderful views and hopefully some sunshine! Bring a picnic to enjoy or choose to buy from a local café.

For more information phone 020 8521 0665, visit www.communitytransportwf.co.uk or email info@ctwf.co.uk



Summer fair

Saturday 11 June, 11am-2pm.
Village Pre-school,
St Mary's Welcome Centre,
Walthamstow E17 9RJ.
Bouncy castle, games and craft activities, international food, face painting, toys and games stall, tombola, raffle, plant stall and cakes and refreshments. Only 50p admission – under 2s free.

For more information phone

020 8521 7170 or email info@thevillageplaygroup.org

Arthritis Care Waltham Forest (South) branch

Last Tuesday of the month,
7-9.30pm.
Jubilee Centre, Cathall Road,
Leytonstone E11.

Lots of helpful information, fun and laughter for those suffering from Arthritis. Everyone welcome.

For further information, please phone Mrs Thompson on 01277 372 772.

Walthamstow School for Girls alumnae annual event

Saturday 2 July, 11am-4pm.
Walthamstow School for Girls, Church Hill, E17 9RZ.
Meet up with old friends and take a look around the newly refurbished school. Day costs £15, including lunch and refreshments.

For more information email Lesley.Winter@wsf.waltham.sch.uk or phone 020 8509 9410.

Fundraising Quiz Night

Saturday 11 June.
Walthamstow Spiritualist Church, Vestry Road, Walthamstow, E17 9NH.
Fundraising night to be held by College Amateur Operatic Society

(CAOS). Tickets £6.50 to include supper of sandwiches and snacks. Please bring own drinks and glasses. Tables of 8 or under.

For tickets, contact Thelma Vincent on 020 8989 4529.

The Chingford Village Festival

Saturday 26 June, 12-11pm.

Chingford Assembly Hall, The Green, Station Road, Chingford, E4 7EN and other venues including Mornington Hall, St Peters and St Paul's Church, Vestry Hall and North Chingford Methodist Church Hall. Community event with a family-friendly atmosphere. Showcasing a wide range of activities including: music, dance, arts, crafts, sports, charities, refreshments, local clubs and children's entertainment and displays. Exciting additions this year include: Mont Blanc climbing wall, children's circus skills and a mind, body, soul and wellbeing area in Mornington Hall Garden. Free entry during the day. In the evening The Rolling Clones supported by US, Mind your head, Stanley sings Sinatra and Cody Lee Boy Rocker. Tickets cost £9 on sale now.

For further information on attending, performing, booking a stall or buying a ticket for the evening event phone Irene Bull on 020 8559 4500, email irenebull@hotmail.co.uk or visit www.chingfordvillagefestival.co.uk



Family fun day

Saturday 11 June, 12-4pm.
South Chingford Congregational Church, 161 Chingford Mount Road, E4 8LT.
Free admission. Pork roast and BBQ, homemade cakes, refreshments, bouncy slide, fun and games, stalls, tombolas and lots more.

Celebrating Sanctuary – Amnesty International

Saturday 18 June, 7-10pm.
Human Rights Action Centre, 17-25 New Inn Yard, London, EC2A 3EA.
Amnesty International Waltham Forest, Islington and Hackney invite you to an evening of music, poetry, film, talk, information and refreshments. Featuring Linda Rabben - author of "Give Refuge

to the Stranger", Michael Rosen - well known poet and performer, live music by the Travelling Irons, premiere of the film "Fit to Fly" and speakers from refugee communities and Medical Justice.

For further information please email Ulrike.Schmidt@ulrikemariaschmidt@gmail.com

Lloydstock

Sunday 12 June, 12-3pm.

The Lloyd Park Centre, Winns Avenue Entrance, Lloyd Park, E17 5JW. Live music, food and family entertainment, raising funds for our community. Small Admission Fee.



Father's Day veggie Sunday roast

Sunday 19 June, 12.30-4pm.

The Hornbeam Cafe, 458 Hoe Street, E17 9AH. Come and enjoy our popular Sunday lunch, this month celebrating Father's Day - and you don't have to be a father! 1pm sit down, serving two courses - veggie main with roast potatoes, seasonal vegetables and gravy, followed by pudding. Booking is essential, payable in advance. Lunch costs £8 for adults, £5 for children.

For more information phone 020 8558 6880, visit www.hornbeam.org.uk or email info@hornbeam.org.uk

Barbering models needed

Days and times vary.

Forest Road, Walthamstow, E17 4JB. Male models needed for NVQ Level 2 barbering trainee. I am looking for male models that have long or short hair and also men who would like beards, moustaches and eyebrows trimmed and shaped up. All haircuts, trims and shape ups are free to the models. However, £10 is given to each model for their time.

For more information phone Michelle on 07881 945665.

Sight Awareness Information Day

Saturday 11 June, 11am-3pm.

The Disability Resource Centre, 1a Warner Road, Walthamstow, E17 7DY. Come along and learn about daily living, technical, communication and mobility equipment that is suitable for visually impaired people; what

statutory and voluntary services are available in the borough for blind or partially sighted people; what benefits visually impaired people are entitled to; how the sight loss referral process works; advice on how to keep your eyes healthy and what actions you may be able to take to slow down of sight loss if this has already started to affect you.

For more information phone Roger Clifton on 07572 359 349.

Tell us what's on
Call 020 8496 3000

Culture and crafts

CADOS presents 'Ding Dong'

Wednesday 15 - Saturday 18 June, 7.45 pm

Mornington Hall, The Green Walk, Chingford, E4 7EN
Ding Dong, a hilarious farce translated by Tudor Gates from the French Sexe et Jalouse. Come to our intimate theatre with its raked seating and licensed bar. Competition in the programme to win back the price of your tickets. Tickets £8.50 all performances.

Senior tickets on Wednesday evening: £7.50. Reductions for groups of 10 or more.

Please book in advance from cadoschingfordbox@hotmail.co.uk, phone 020 8524 4380 or www.ticketsource.co.uk/cadoschingford.



Poetry - brief encounters

Saturday 25 June, 10am-3pm.

Orford House Social Club,

Orford Road, Walthamstow, E17.

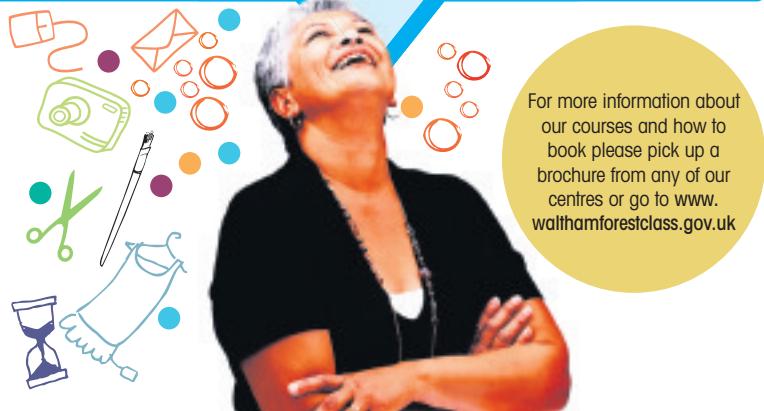
Anne-Marie Fyfe explores the romance (and otherwise) of delays, departures, missed connections, waiting rooms, late nights and early mornings in this railways themed writing workshop. See mendham-writers.com for full course details. £45 with lunch included.

To book email rochellescholar@yahoo.co.uk or phone 07743898043.



Waltham Forest Community Learning and Skills Service

COURSES FOR ADULTS



How to book onto courses

1. Booking by telephone

You can book by telephone using a credit or debit card. Please have your card ready when you telephone. We confirm the booking as soon as payment is authorized. Credit and debit card details are treated in the strictest confidence. Telephone either the CLaSS Booking Line 020 8523 9355 - open Monday to Thursday 9.30am to 5.30pm or Friday 9.30am to 3.30pm - or any of our main centres:

CH Chestnuts House 020 8521 4311

FHH Friday Hill House 020 8496 2980

LNL Leyton Neighbourhood Learning Centre 020 8558 6805

LLL Leytonstone Learning Link 020 8988 0555

2. Booking in person at a CLaSS centre

Bookings for any course can be made at:

- Chestnuts House, 398 Hoe Street, E17 9AA
- Friday Hill House, Simmons Lane E4 6JH
- Leyton Neighbourhood Learning Centre, 3 The Square (Next to ASDA), High Road E10 5NR
- Leytonstone Learning Link, 23-25 North Birkbeck Road E11 4JF

Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Art – Drawing, Painting, Pottery and Stained Glass									
Drawing and Painting - Holidays									
LNP037-8L	Sat & Sun	25/06/2011	09:30	1	9.5	LNL	£91.00	£91.00	£0.00
Sketchbooks for Summer									
FHP254-3L1	Wednesday	23/06/2011	10:00	4	2.5	FHH	£93.00	£23.00	£0.00
Watercolour and Inks – Level 1 Award									
CHP620-8L5	Tues/Wed/ Thurs	19/07/2011	09:30	1	18	CH	£70.00	£20.00	£35.00
Pottery - Beginners									
FHP335-5L1	Friday	17/06/11	10:00	4	5	FHH	£111.00	£28.00	£0.00
Stained Glass - Beginners									
FHP334-2L1	Tues	14/06/11	13:30	5	3	FHH	£75.00	£19.00	£0.00
British Sign Language, Deaf Studies, Lip-Reading and Makaton									
British Sign Language - Get By In									
FHT317-6L1	Saturday	18/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
British Sign Language - Introduction to Level 2									
CHT581-6L1	Saturday	16/07/2011	10:00	1	5	CH	£36.00	£18.00	£0.00
British Sign Language - Brush up your Skills - Level 2									
FHT318-6L1	Saturday	18/06/2011	10:00	2	5	FHH	£68.00	£34.00	£0.00
Lip Reading - Introduction									
LNT191-6L1	Saturday	18/06/2011	10:00	1	2	LNL	£25.00	£25.00	£0.00
Makaton - Foundation - Part 1									
FHT319-6L1	Saturday	18/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
Makaton - Foundation - Part 2									
FHT320-6L1	Saturday	25/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
Business, Administration, Customer Service and Management									
Customer Care / Conflict Resolution									
LNI972-2L	Tuesday	14/06/2011	09:30	1	5.5	LNL	£75.00	£75.00	£0.00
Dealing with Dissatisfied and Angry Customers and Clients									
LNI973-2L	Tuesday	28/06/2011	09:30	1	5.5	LNL	£75.00	£75.00	£0.00
Management – Excelling as a First Time Manager / Supervisor									
LLI962-2L	Tuesday	05/07/2011	09:30	1	5.5	LLL	£75.00	£75.00	£0.00
LNI974-2L	Tuesday	12/07/2011	09:30	1	5.5	LNL	£75.00	£75.00	£0.00
Notes and Minute Taking									
LLI960-2L	Tuesday	14/06/2011	09:30	1	5.5	LLL	£75.00	£75.00	£0.00
Time Management / Using Your Time More Wisely									
LLI961-2L	Tuesday	21/06/2011	09:30	1	5.5	LLL	£75.00	£75.00	£0.00
Cameras, Digital Photography and Photoshop									
Digital Photographs – Uploading and Presenting									
FHK084-4L1	Thursday	09/06/2011	10:00	5	2	FHH	£56.00	£14.00	£0.00
CHK083-5L1	Friday	17/06/2011	13:00	5	2	CH	£56.00	£14.00	£0.00



Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Cameras, Digital Photography and Photoshop - Continued									
Make the Most of Your New Digital Camera									
FHK312-6L1	Saturday	18/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
FHK313-6L1	Saturday	25/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
Photoshop - Level 3									
CHK588-3L1	Wednesday	22/06/2011	10:00	6	2.5	CH	£75.00	£19.00	£0.00

Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Citizenship - Preparation for the Test									
This course is aimed at people who are applying for British Citizenship and who want help in preparing for the on-line citizenship test.									
If you have no English or very little English you are not required to pass the on-line citizenship test when applying for citizenship. Instead, for people with a low level of English, the Home Office accepts attendance at an English for Speakers of Other Languages (ESOL) class, with the successful completion of Speaking and Listening examinations at Entry 1 or Entry 2 or Entry 3. For details of how to enrol on an ESOL class, please see the CLoSS website www.walthamforestclass.gov.uk									
Citizenship - Preparation for the Test									
RST048-2L1	Tuesday	07/06/2011	18:30	5	3	RC	£75.00	£19.00	£0.00
CHT551-6L1	Saturday	11/06/2011	10:00	5	3	CH	£75.00	£19.00	£0.00
LNT178-7L1	Sunday	12/06/2011	10:00	5	3	LNL	£75.00	£19.00	£0.00

Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Excel - Introductory									
FHK932-1L									
Monday									
FHK932-1L	Monday	20/06/2011	09:30	1	5.5	FHH	£75.00	£75.00	£0.00
Excel - Intermediate									
FHK934-1L									
Monday									
FHK934-1L	Monday	04/07/2011	09:30	1	5.5	FHH	£75.00	£75.00	£0.00
Excel - Advanced									
FHK935-1L									
Monday									
FHK935-1L	Monday	11/07/2011	09:30	1	5.5	FHH	£75.00	£75.00	£0.00
Email - Set Up and Start Using									
HHK002-1L1									
Monday									
HHK002-1L1	Monday	06/06/2011	13:30	5	2	HH	£56.00	£14.00	£0.00
LLK016-2L1									
Tuesday									
LLK016-2L1	Tuesday	07/06/2011	19:00	5	2	LL	£56.00	£14.00	£0.00
LSK006-2L1									
Tuesday									
LSK006-2L1	Tuesday	07/06/2011	19:00	5	2	LS	£56.00	£14.00	£0.00
LNU047-1L1									
Monday									
LNU047-1L1	Monday	20/06/2011	19:00	5	2	LNL	£56.00	£14.00	£0.00
Using Mail Merge and Table in Word									
FHK931-1L									
Monday									
FHK931-1L	Monday	13/06/2011	09:30	1	5.5	FHH	£75.00	£75.00	£0.00
PC Maintenance - Introduction									
CHK107-4L1									
Thursday									
CHK107-4L1	Thursday	09/06/2011	10:00	5	2	CH	£66.00	£17.00	£0.00
Web Design with Dreamweaver - Level 2									
CHK621-3L1									
Wednesday									
CHK621-3L1	Wednesday	22/06/2011	13:00	6	2	CH	£64.00	£16.00	£0.00
Website Maintenance - Dreamweaver									
LLK042-5L									
Friday									
LLK042-5L	Friday	15/07/2011	09:30	1	6	LL	£65.00	£65.00	£0.00
Website Graphics - Photoshop									
LLK041-5L									
Friday									
LLK041-5L	Friday	08/07/2011	09:30	1	6	LL	£65.00	£65.00	£0.00
Flash Animation - Introduction									
CHK095-4L									
Thursday									
CHK095-4L	Thursday	09/06/2011	19:00	5	2	CH	£95.00	£95.00	£0.00
WORD - Intermediate / Advanced									
FHK936-1L									
Monday									
FHK936-1L	Monday	18/07/2011	09:30	1	5.5	FHH	£75.00	£75.00	£0.00

Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Crafts									
Bag Making - Appliqué, Fastenings and Pockets									
CHP616-6L1									
Saturday									
CHP616-6L1	Saturday	18/06/2011	09:30	1	6	CH	£42.00	£11.00	£0.00
Calligraphy - Level 1 Unit Award									
FHP330-3L5									
Wednesday									
FHP330-3L5	Wednesday	08/06/2011	09:30	3	6	FHH	£86.00	£22.00	£35.00
Jewellery - Making Silver Earrings									
FHP056-6L									
Saturday									
FHP056-6L	Saturday	18/06/2011	10:30	2	5	FHH	£95.00	£95.00	£0.00
Creative Writing									
Writing Poetry - Get By In									
FHT130-6L1									
Saturday									
FHT130-6L1	Saturday	25/06/2011	10:00	1	5	FHH	£36.00	£18.00	£0.00
Fashion, Lingerie, Millinery and Textiles									
Asian Fashion - Make an Outfit for a Special Occasion									
LNP198-7L5									
Sunday									
LNP198-7L5	Sunday	12/06/2011	09:30	5	3	LNL	£75.00	£19.00	£0.00
Bag Making - Appliqué, Fastenings and Pockets									
CHP616-6L1									



Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
Floristry and Gardening									
Floristry – Funeral Tributes									
CHP067-6L	Saturday	11/06/11	9:30	1	5	CH	£58.00	£58.00	£0.00
Floristry - Summer Arrangements									
LNP036-8L	Sat & Sun	18/06/2011	09:30	1	9.5	LNL	£91.00	£91.00	£0.00
Gardening - Introduction									
ZCP030-4L1	Thursday	09/06/2011	13:30	5	3	HN	£75.00	£19.00	£0.00
Health and Safety									
First Aid – First Aid at Work									
LNQ966-8L	Mon/Tues/Wed	25/07/2011	09:30	1	6	LNL	£240.00	£240.00	£10.00
Health and Safety at Work - Award - British Safety Council									
LNQ176-6L5	Saturday	11/06/2011	09:30	1	6	LNL	£37.00	£20.00	£20.00
CHQ541-1L5	Monday	13/06/2011	12:30	2	6	CH	£37.00	£20.00	£0.00
RSQ047-2L5	Tuesday	21/06/2011	18:30	2	6	RC	£37.00	£20.00	£0.00
CHQ542-1L5	Monday	04/07/2011	09:30	1	6	CH	£37.00	£20.00	£0.00
CHQ543-2L5	Tuesday	05/07/2011	09:30	1	6	CH	£37.00	£20.00	£0.00
CHQ544-3L5	Wednesday	06/07/2011	09:30	1	6	CH	£37.00	£20.00	£0.00
CHQ545-2L5	Thursday	07/07/2011	09:30	1	6	CH	£37.00	£20.00	£0.00
Personal Safety – Lone Working									
LNQ967-4L	Thursday	28/07/2011	09:30	1	5	LNL	£67.00	£67.00	£0.00
Health and Social Care and Social Work									
Please note: Entry Level qualifications provide a good introduction to a subject before enrolling onto a Level 1 course									
Health and Social Care - Introduction									
FHJ332-2L1	Tuesday	21/06/2011	10:00	2	5	FHH	£56.00	£14.00	£0.00
Social Work - Introduction									
CHJ523-4L1	Thursday	09/06/2011	10:00	5	2	CH	£56.00	£14.00	£0.00
Training for Personal Assistants									
LNJ171-2L1	Tuesday	07/06/2011	10:00	2	5	LNL	£56.00	£14.00	£0.00
Working in Older People's Services - Entry Level									
LNJ193-6L5	Saturday	11/06/2011	10:00	3	3	LNL	£45.00	£20.00	£20.00
Understand your Rights and Responsibilities at Work - Entry Level									
CHJ825-5L5	Friday	10/06/2011	10:00	2	5	CH	£48.00	£20.00	£20.00
Interpreting and Translation									
Would I make a good Interpreter?									
FHT321-6L1	Saturday	25/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
Foreign Languages									
Arabic - Get by In									
FHT322-6L1	Saturday	18/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
French - Culture - South West France - Customs and Foods									
FHT323-6L5	Saturday	25/06/2011	10:00	1	5	FHH	£58.00	£58.00	£0.00
French - Get By In									
FHT324-6L1	Saturday	18/06/2011	10:00	1	5	FHH	£38.00	£10.00	£0.00
German - Get by In									
FHT181-6L1	Saturday	25/06/2011	10:00	1	5	FHH	£36.00	£18.00	£0.00
Italian - Get By In									
FHT127-6L	Saturday	18/06/2011	10:00	1	5	FHH	£58.00	£58.00	£0.00
Italian - Culture – Southern Italy - Customs and Foods									
FHT325-6L6	Saturday	25/06/2011	10:00	1	5	FHH	£58.00	£58.00	£0.00
Mandarin - Get By In									
CHT179-6L	Saturday	11/06/2011	10:00	1	5	CH	£58.00	£58.00	£0.00
Russian - Culture - Look at Moscow and St Petersburg									
FHT326-6L5	Saturday	25/06/2011	10:00	1	5	FHH	£58.00	£58.00	£0.00
Spanish - Get By In									
LNT077-8L	Mon & Tue	11/07/2011	19:00	1	5	LNL	£58.00	£58.00	£0.00
Spanish - Culture - South America - Customs and Food									
FHT327-6L5	Saturday	25/06/2011	10:00	1	5	FHH	£39.00	£39.00	£0.00

AC Asian Community Centre

CEY Chapel End Early Years Centre

CH Chestnuts House

CUR Chingford United Reform Church

CO Connaught School

CL Cyber Link

FHH Friday Hill House

HEL Hale End Library

HH Harmony Hall

HS Heathcote School

LS Lammas School

LNL Leyton N'bhhd Learning Centre

LLL Leytonstone Learning Link

LYC Leyton Youth Centre

LL Leytonstone Library

PC Priory Court Community Centre

RC Rush Croft Sports College

SCP Sikh Community Care Project

SF St. Francis Church Hall

SE St Edmonds

BS Buxton School

WFL Walthamstow Library

WC Whittingham Community School

WM William Morris Gallery

WS Wood Street Library



Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue	Standard Fee	Reduced Fee	Materials Fee
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Working in Schools – Teaching Assistant

If you want to work as a teaching assistant, schools require you to have a level 2 qualification in Supporting Teaching and Learning in Schools. One of the conditions of enrolment onto a level 2 teaching assistant course is that you have a voluntary placement of at least 10-12 hours each week working in a school classroom. The next teaching assistant courses will start in September. Look in our 2011-2012 prospectus, out in June, for pre enrolment workshop dates.

In the meantime, the following level 1 course will help you gain a national qualification whilst preparing you for the level 2 qualification. It also provides an opportunity to brush up on your study skills and get practice in assembling a portfolio of evidence.

Teaching Assistant - Level 1

LLX276-8L5	Tue & Fri	07/06/2011	13:00	5	6	LLL	£104.00	£20.00	£20.00	£0.00
AC Asian Community Centre	CL Cyber Link	LS Lammas School	PC Priory Court Community Centre	BS Buxton School						
CEY Chapel End Early Years Centre	FHH Friday Hill House	LNL Leyton N'bd Learning Centre	RC Rush Croft Sports College	WFL Walthamstow Library						
CH Chestnuts House	HEL Hale End Library	LLL Leytonstone Learning Link	SCP Sikh Community Care Project	WC Whittingham Community School						
CUR Chingford United Reform Church	HH Harmony Hall	LYC Leyton Youth Centre	SF St. Francis Church Hall	WM William Morris Gallery						
CO Connaught School	HS Heathcote School	LL Leytonstone Library	SE St Edmonds	WS Wood Street Library						

Family Learning - come and have fun using the internet with your children

Day: Thursday
Time: 4.00 – 6.00pm
Dates: Thursday, June 9th – Thursday, July 7th
Venue: Leytonstone Learning Link, 23 – 25 North Birkbeck Road, Leytonstone, London E11 4JF

There is a £20.00 fee for each adult. **CHILDREN ARE FREE.**
Adults can be accompanied by up to four children.

Ready for Work

Helps you
- Brush up the confidence you need for work
- Write your CV
- Job Search

Come along to Lea Bridge Library on Wednesday, June 8th at 9.30am.

This **FREE** course is three hours a week for five weeks.

Work Based Learning for 16-18 year olds and 19+

Pre-Apprenticeship and Apprenticeship Programmes

Are you looking for that next step towards a rewarding career?
Choose the Work Based Learning programme that suits you

We offer Level 2 Apprenticeships and Level 3 Advanced Apprenticeships in

- Business Administration
- Childcare
- Customer Service
- Health and Social Care
- Youth Work
- Teaching Assistants

For more information, you can
• Call in to Chestnuts House and arrange to speak to a member of the Work Based Learning Team

or
• Telephone 020 8520 9430
or
• Speak to your Connexions advisor

To find out more, come along on Wednesday, June 8th at 10.00am Tuesday, July 5th at 10.00am

@ Chestnuts House
398 Hoe Street, Walthamstow
London E17 9AA



FREE Parenting courses.

Parenting courses give you the opportunity to think about how you communicate with your children, how you set boundaries and how you can support your teenage children into becoming responsible adults. You can attend different courses concentrating on specific aspects of parenting.

Code & Title	Day(s)	Start Date	Start Time	Number of Weeks	Hours per week	Actual Venue
Parenting – Anger Management for Parents RS0025-2L4	Tuesday	07/06/2011	19:00	5	2	RC
Parenting – Calm Parent / Calm Children LLO182-3L4	Wednesday	08/06/2011	10:00	5	2	LLL
Parenting - Certificate in Drug Awareness CHO479-4L4	Thursday	09/06/2011	19:00	6	2	CH
Parenting - Getting Ready for Primary School LNO105-5L4	Friday	10/06/2011	09:30	5	2	LNL
Parenting - How Children Grow and Learn CHO480-3L4	Wednesday	08/06/2011	10:00	5	2	CH
Parenting - Living in Extended Families ACO016-5L4	Wednesday	08/06/2011	19:00	5	2	AC
Parenting - Relaxation Techniques LNO108-7L4	Sunday	12/06/2011	10:30	5	2	LNL
Parenting - Setting and Keeping Boundaries HH0019-5L4	Friday	01/07/2011	18:30	5	2	HH
Parenting - Talking Together and Communicating LNO110-6L4	Saturday	02/07/2011	13:00	4	2.5	LNL

English and Maths

To join any English or Maths class, put your name on a waiting-list at any of our centres or telephone **020 8520 3843** or visit www.walthamforestclass.gov.uk/engmaths/em.aspx

We will invite you in to discuss the best class for you.

Thinking about enrolling on an English GCSE course in September?

Then attend a **Get Ready for GCSE** course

Code	Day(s)	Start Date	Start Time	Weeks	H/P/w	Venue	Standard Fee	Reduced Fee	Materials
Get Ready for GCSE English - Shakespeare									
FHT328-1L1	Monday	06/06/2011	19:00	4	2.5	FHH	£56.00	£14.00	£0.00
Get Ready for GCSE English - Autobiographical Writing CHT584-4L1	Thursday	09/06/2011	19:00	4	2.5	CH	£56.00	£14.00	£0.00

16 – 18 Year Olds Sort it out! NOW!

You can get English and Maths qualifications equivalent to GCSEs.

For more information e-mail Ellen.Bryan@walthamforest.gov.uk or visit www.walthamforestclass.gov.uk

E17 Jazz

Wednesday 15 June, 8.30-11.00pm. Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN. Vitor Pereira Quintet. Experimental modern jazz from this heavyweight band led by Portuguese guitarist Pereira. Entry £5. For more information visit www.myspace.com/e17jazz.

Cardmaking and papercraft club

Thursdays, 7-9pm. United Reform Church Hall, Malvern Avenue, Highams Park, E4. We need more people to come along and join in, have a cup of tea or coffee and make some cards. Learn some new techniques and meet some crafty friends. Phone Heather on 0208 531 4572 for more information.

courses to give you more confidence in speaking. For details visit www.resonancevoice.com/opencourses or phone 020 8509 2767 and ask for Louise. Quote WFNEWS for special rates.



Tell us what's on
walthamforestnews@walthamforest.gov.uk

Children and young people**Children and Young People's Directory**

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds.

For more information visit <http://csd.walthamforest.gov.uk>

Parent and Baby Yoga

Fridays, 1-2pm and 2-3pm. Walthamstow Toy Library. Yoga for parents with babies aged from 6 weeks to moving to walking. £32 for a four week course.

For more information please phone 07939 607853 or email: walthamstowvillageyoga@hotmail.co.uk

Kidz Klub Chingford

Every Sunday during term time, 4-5pm.

Sewardstone Church, 145 Sewardstone Road, E4 7PA. Free club for children aged five-11. We sing songs, play games, win sweets and prizes and learn about God. Run by police checked volunteers from churches across Chingford.

For more information phone Nick Gibbs 07973 462 741, look at our website [www.kidzklubchingford.co.uk](http://kidzklubchingford.co.uk), or search "Kidz Klub Chingford" on Facebook.

Toddler group

Tuesdays, 9.15-11.15am. Christ Church, 73 Francis Road, Leyton, E10 6PL.

Children under school age who are accompanied by a parent or carer can come and enjoy the fun. We have toys, music, painting, songs and a story. With tea and coffee for the adults and squash for the children. For more information please call Fidou 0208 556 7110.

Writing for Children

Saturday 11 June, 10am-3pm. Orford House Social Club, Orford Road, Walthamstow, E17. Mendham Writers present a 'How to Write for Children' workshop with Brandon Robshaw. The theme of the workshop is 'The Quest' and will look at ways of generating ideas and characters. £40 with refreshments included. To book email rochelle.scholar@yahoo.co.uk or phone 0774389804. For full course details see mendham-writers.com

**Cheeky Monkeys Parent and Toddler Group**

Every Thursday 10am-12 noon, during term time.

St John's Church Hall, High Street, Leytonstone. Friendly, informal parent-run group for under 5s and their careers. New faces always very welcome. Healthy snacks, craft session, singing and a good range of toys. £1.50 per family.

Email cheekymonkeys.leytonstone@gmail.com or phone Cat on 07960 955532 for more information.

Toddlers stay 'n' play

Every Friday, 11am-1pm. The Hornbeam Cafe, 458 Hoe Street, E17 9AH. Every Friday - Toddlers stay 'n' play session, afterwards stay and have

lunch in a child friendly space. No charge for play session - lunch from £2.80 to £4.90 - toddlers menu £1.20 to £2.50.

For more information phone 020 8558 6880, visit www.hornbeam.org.uk or email info@hornbeam.org.uk

Tell us what's on
Call 020 8496 3000

Walthamstow School for Girls, Church Hill, Walthamstow, E17 9RZ. Arrive and speak to councillors, Safer Neighbourhoods Team and others from 7pm. Meeting runs from 7.30-9pm.

**Community Ward Forums****Forest Community Ward Forum**

Monday 11 July, 6.30-8.30pm. Barclay Primary School, 155 Canterbury Road, Leyton, E10 6EJ. Arrival and informal talks with councillors from 6.30pm. Meeting runs from 7-8.30pm

Hoe Street Community Ward Forum

Monday 18 Jul, 7-9pm.

Council Meetings

Tuesday 14 June

Cabinet

All meetings are held at Waltham Forest Town Hall unless stated otherwise, and start at 7.30pm.

Science Fiction Society and book discussion

First Friday of the month, 7.30pm.

The Hornbeam Cafe, 458 Hoe Street, E17 9AH. Book group discussing science fiction, fantasy and supernatural. Entry costs £1.50. For more information phone 020 8558 6880, visit www.hornbeam.org.uk or email info@hornbeam.org.uk

Jools Factor - vocal coach

Days and times vary.

Develop your voice, increase confidence and discover your true potential. Jools Factor is an experienced singer and vocal coach. All aspects of singing technique tuition, performance guidance and vocal health advice offered to singers of all ages.

For all details phone Jools on 07539 406097.

Resonance Voice Training day courses

Thursday 16-Friday 17 June.

Vestry House Museum, Vestry Road, Walthamstow. Clarity and fluency in spoken English or professional speaking day courses. Lively interactive

Calling all children's groups

We need more of you to tell us what's happening in your children's and young people's groups.

Do you offer activities or run classes?
Are you looking for volunteers?

Let us have the details and we'll do our best to include them on our What's On pages. Send them to:

walthamforestnews@walthamforest.gov.uk

**Wish to claim Asylum in the UK?
Have Immigration/Visa problems?**

Call Immigration law experts **Paul John & Co Solicitors**

020 8215 1205

We process all UK Visa applications including:

- Student Visas
- Visitor Visas
- Dependant Visas
- Domestic worker visas
- Immigration Appeals
- Work Permit / Tier 2 Visa applications
- Long residency/ Human rights visa applications
- Overseas visa applications

Legal Aid available for eligible clients

115a The Grove, Stratford, London, E15 1EN
www.pauljohnandco.co.uk



Our Democracy

Councillors

www.walthamforest.gov.uk/councillors or phone 020 8496 3000

Cann Hall



Tunde Davies
Liz Phillips
Nicholas Russell

Cathall



Naheed Asghar
Shameem Highfield
Terry Wheeler

Chapel End



Paul Douglas
Kieran Falconer
Abu Samih

Chingford Green



Thom Goddard
Andrew Hemsted
Michael Lewis

Endlebury



Roy Berg
Matthew Davis
Peter Herrington

Forest



Gerry Lyons
Shabana Qadir
Farooq Qureshi

Grove Green



Khevyn Limbajee
Anna Mbachu
Chris Robbins

Hale End and Highams Park



Paul Braham
Sheree Rackham
Darshan Sunger

Hatch Lane



Laurie Braham
Marion Fitzgerald
Geoffrey Walker

High Street



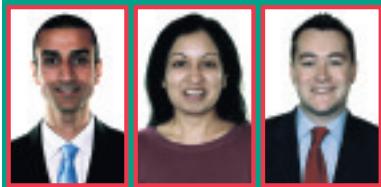
Liaquat Ali
Clare Coghill
Mahmood Hussain

Higham Hill



Karen Bellamy
Geoff Hammond
Haroon Khan

Hoe Street



Ahsan Khan
Saima Mahmud
Mark Rusling

Larkswood



Nick Buckmaster
Bernadette Mill
Edwin Northover

Lea Bridge



Masood Ahmad
Afzal Akram
Elisabeth Davies

Leyton



Naheed Qureshi
Winnie Smith
Bob Sullivan

Leytonstone



Jenny Gray
Clyde Loakes
Marie Pye

Markhouse



Mohammad Asghar
Asim Mahmood
Ebony Vincent

Valley



Jemma Hemsted
Alan Siggers
Laurance Wedderburn

William Morris



Nadeem Ali
Raja Anwar
Geraldine Reardon

Wood Street



Peter Barnett
Angie Bean
Richard Sweden

Leytonstone



David Novan performs his song, 'compartmentalise'

All right on the mic

- Popular open mic night showcases local performing talent
- Actors, bands, comedians and poets encouraged to take part

Every Tuesday evening the Plough and Harrow pub in Leytonstone is home to a free open mic jam night that sees performances of everything from acoustic music to improvised comedy.

The night began on the first Tuesday in January this year and was soon attracting singers and songwriters, as well as comics, poets and actors.

Organiser Ben James explains: "The night in Leytonstone came about because I run another open mic night in Mile End. A friend of mine knew the landlord of the Plough and Harrow and invited him along to the night. He liked what he saw and asked me to run something similar in Leytonstone. The venue is great; it's a really nice space with plenty of room to perform."

Although the pub does not have a full public address (PA) system, there is a piano

and the organisers always provide a small amplifier and microphone. Performers are also welcome to bring their own equipment if they wish.

Ben said: "At the moment it's mainly acoustic performances like singer songwriters with guitars or pianists, but we've also had stand-up comics, a comedy improv group, some

Ben said: "There's absolutely no need to be nervous about performing. Everyone is really friendly and very supportive - that's my favourite thing about the night.

"Those who have never played in front of other people before get the biggest round of applause of the night and seem to get the most out of the evening. The first time

ways of using the space, interacting with the audience, alternative interpretations of popular songs, clever lyrics of their own and then there's the people who bring in their art and photography too - there's bags of talent around here."

Ben is very interested in hearing from people who might not want to perform, but can show off other talents on the night. So if you're an artist, photographer, crafter, jewellery maker or anything else you are encouraged to go along and show your work.

Anyone wanting to take part should phone or email Ben to find out more. Performances start between 8 and 8.30pm, and entry is completely free.

"Everyone who performs has something different to offer. There's bags of talent around here."

spoken word and an actor even did an audition here. But everyone is welcome, whether they want to perform their own stuff or cover songs or just watch."

Everyone who takes part will get at least ten minutes on the stage, whether they are an experienced performer or if it is their first time in front of an audience.

I ever played outside of my bedroom, I forgot the words to my own song because I was nervous, and now I run my own night. Everyone starts at the beginning, so come down and have a go, you might surprise yourself.

"Everyone who performs has something different to offer. They all have different styles of playing, different

More info

To find out more you can phone Ben on 07772 097535 or email ploughandharrow.openmic@gmail.com.

In brief

Leytonstone Festival

Local people can enjoy a fun-filled July, with the annual Leytonstone Festival back for its eighteenth year and promising to be bigger and better than ever before. The festival runs from Thursday 14 to Sunday 24 July. There will be the usual abundance of events and activities, showcasing local talent and offering dance, film, history, drama, music, poetry, quizzes and much more. With dozens of events on offer there is sure to be something for the whole family to enjoy, and in true community spirit many events are free or cost just a few pounds.

- For full information on events, venues and times visit www.leytonstonefestival.org.uk and download a copy of the festival programme or phone 020 8989 1244. Free Internet access is available at all libraries in the borough.



Learn to skateboard or BMX

Would you like to learn to skateboard or BMX in a supervised, safe and friendly environment? Skatenstone, based at Cann Hall Skate Park (Cann Hall Park, Leytonstone, E11 3NN) is running sessions supervised by trained youth workers from 10am-12noon every Saturday. Safety gear, including helmets, is provided so all you need bring is your skateboard or BMX. The sessions are being supported by South Leytonstone Area Development Association (SLADA) thanks to a Sport England grant of £9k. The Skate Park and on-site pavilion was refurbished last September thanks to the Council's Youth Support Service (YSS) securing £55k of government funding and a generous £10k donation from the local Safer Neighbourhood Team. The Saturday sessions are for young people aged 11 to 18 and are completely free.

- For more information phone Andrew Hulbert on 07946 651139.

Leytonstone Arts Trail

Local artists are brushing up on their creative skills ready for this year's Leytonstone Arts Trail, which takes place from Friday 1 to Sunday 17 July. The trail will see artists exhibit work in venues including shops, cafes, businesses and halls and gives local people access to art on their doorsteps. This year the trail will include guided walks by artists and other local people and an installation of giant postcards along Leytonstone High Road. Although entries for the trail have closed there is still time to get involved. Once again 'Let's fill Leytonstone with Art' encourages residents to fill the windows of their homes with homemade art over the summer.

- For more information visit www.leytonstoneartstrail.org. Free internet access is available at all libraries in the borough.

Our 2012

In brief



Nominate torch bearers

Time is running out for you to nominate someone special to be an Olympic torch bearer for the London 2012 Games. Around 8000 inspirational people living in the UK are being sought to carry the torch on its route to the Olympic Stadium in time for the start of the games. Around 90 per cent of those bearers will be members of the public. The torch will arrive in the UK at Lands End on 18 May 2012 and travel around the country ahead of the London 2012 Games. The deadline for nominations is 11.59pm on Wednesday 29 June 2011. Torch bearers must be UK residents and 12 years or older on the day they are due to carry it. So if you know someone inspirational who deserves to carry the torch, why not nominate them?

• For more information and to nominate someone visit www.london2012.com/olympictorchrelay. Free internet access is available at all libraries in the borough.



Tasmia Syeda Tahia, Isadora Bucher, Jonathan Edwards and Jonathan Akinrinwa at the Olympic Park

Olympic Park 'podcast' tour

- Former Olympic triple jump champion Jonathan Edwards talks you through the Olympic Park
- Waltham Forest youngsters attend 'podcast' launch event

If you take a tour of the Olympic park you can now get a running commentary of what's happening thanks to a new 'podcast' that accompanies your visit.

The audio tour is narrated by former Olympic triple jump champion Jonathan Edwards and provides in-depth and up-to-date information about the Olympic Park and the new London 2012 venues.

It also brings to life the excitement of the Olympic Games and tells the story

of the park's transformation from 2007, when construction started, to the latest progress on the venues, which are now nearing completion.

The tour is designed to be listened to along The Greenway, a walkway overlooking the Olympic Park from where you can see the new venues and parklands for yourself. Visitors listen to the commentary via headphones, just like audio tours in a museum or gallery.

Three young people from Waltham Forest attended

the podcast's launch on The Greenway with Jonathan Edwards and Olympic Delivery Authority (ODA) Chairman John Armitt last month.

Youth Ambassadors Tasmia Syeda Tahia and Isadora Bucher and work experience student Jonathan Akinrinwa rubbed shoulders with dignitaries and listened to the pod cast.

Tasmia told Waltham Forest News: "It was a really interesting day and we found out about all the work that has been done on the Olympic Park. The podcast gives lots of information and really enhances the tour."



Waltham Forest
It's happening here

Proud host to the Games

**Sign up to the Waltham Forest
It's happening here Olympic
e-newsletter and keep up-to-date
with all the latest news.**

Email Olympics@walthamforest.gov.uk

www.walthamforest.gov.uk/2012

Fact file

- The ODA offers free bus tours of the Olympic Park to give the public the chance to see how work on the 2012 Games is going.
- Tours are available on Saturdays and Sundays at 9.30am, 11am, 1.30pm and 3pm and last an hour.
- Places are limited so booking is essential. Bookings can be made up to three months in advance and can be done by phoning 0300 2012 001.
- Attendees need to bring photographic identification and must be over eight years old.

More info

To find out more about what Waltham Forest Council is doing to prepare for the 2012 Games visit www.walthamforest.gov.uk/2012. Free internet access is available at all libraries in the borough.



The HEART Programme aims to help young people handle their relationships

Have HEART

- New project offers young people relationship advice
- Scheme aims to reduce crime and violence by helping teens cope with peers, boyfriends and girlfriends

Teen relationships can be a tricky business, but help is at hand thanks to a new project which aims to give young people the advice and support they need.

Waltham Forest is one of three London boroughs pioneering the Healthy Relationships Training (HEART) Programme, a two-year scheme geared towards helping young people navigate the rocky terrain of young love as they deal with the perils of hormones, lust and peer pressure.

The HEART Programme aims to help improve relationships with peers and partners, with a focus on reducing the risk of young people either committing or being on the receiving end of physical or sexual violence. In the long-term, the programme aims to reduce victimisation and crime while improving participants' chances and

opportunities later on in life. While mentoring and one-to-one advice from experienced youth workers will be available for those who've been identified as particularly in need of help, the project also sees the launch

and Cohesion, Cllr Liaquat Ali, told Waltham Forest News: "For many young people relationships are a difficult subject to broach with friends, family or teachers.

"This new project offers advice from people who really

people take full advantage of what the HEART Programme has to offer."

Approximately £275,000 has been provided by the European Parliament and Council, with the specific aim of preventing and combating violence against children, young people and women.

The bid for the project was entered by the Metropolitan Police, and Waltham Forest was chosen as one of the three trial boroughs because of its ongoing gang prevention work.

"There are some real risks attached to not talking problems through or asking for help when it's needed, so I hope the borough's young people take full advantage of what the HEART Programme has to offer."

of a confidential helpline and a website, both of which aim to give advice on matters such as health, respect, negotiation and sexual consent. Helpline staff will also be able to give girls and boys who may feel at risk of violence advice about additional support services.

Waltham Forest's Cabinet Member for Community Safety

know what they're talking about and I think this is a great way for young people to get help with what can often be embarrassing subjects for adults and young people alike.

"There are some real risks attached to not talking problems through or asking for help when it's needed, so I hope the borough's young

In brief

Car crime

Following a recent spike in theft of and from motor vehicles in Leyton and Leytonstone, Waltham Forest Police are urging local motorists to be extra vigilant. The advice they offer is simple, inexpensive and largely common sense, but living in a busy city means that even precautions such as locking your car doors, closing your sunroof and never leaving your belongings on show can be forgotten when you're rushing to work or picking the kids up from school. Police also advise drivers to keep their car keys somewhere safe once at home, as opportunistic burglars will often swipe them from the kitchen table or the hook in the hall.

- To find out what the Council does to help keep your neighbourhood safe, visit www.walthamforest.gov.uk/crime-prevention



Wildlife award

Waltham Forest's Sergeant Rowan Healey (pictured) has been named Metropolitan Police Borough Wildlife Crime Officer of the Year 2010 - 2011. The annual award, judged by officers from Scotland Yard's Wildlife Crime Unit, was presented to Sergeant Healey at a Wildlife Crime Training Day held at London Zoo. Sergeant Healey was chosen due to his hard work, which has included measures against songbird trapping and coordinating an international initiative to crack down on the unlawful trade in reptiles and amphibians. This is the third year that the Wildlife Crime Unit has recognized the work of officers, with the award previously going to officers from Bromley and Greenwich.

- For more information about the Wildlife Crime Unit visit www.met.police.uk/wildlife Free internet access is available in all of the borough's libraries.

Leytonstone bust

Following an invaluable tip-off from the local community, officers from Waltham Forest Police and the Met's Territorial Support Group swooped on a property in Leytonstone last month. As a result, three men were arrested for an array of offences that included burglary, possession of class B drugs and handling stolen goods. Two of the men were subsequently bailed, with the third being deported due to immigration issues. While the police are doing everything they can to make Waltham Forest a better, safer borough, it will often be the case that local people hold the key to bringing crooks to justice. If you have valuable information but don't want to go directly to the police, phone Crimestoppers anonymously on 0800 555 111.

- To find out more about Crimestoppers or to report a crime anonymously online visit www.crimestoppers-uk.org

Public Notices

Highways

**LONDON BOROUGH OF WALTHAM FOREST
PROPOSED INTRODUCTION OF LOADING ONLY
BAY ON HIGH ROAD LEYTONSTONE AND WAITING
RESTRICTIONS ON LEA BRIDGE ROAD**
**The Waltham Forest (Waiting and Loading
Restrictions) (Amendment No. 6) Order 2011**
**The Waltham Forest (Free Parking Places)
(Short Stay) (Amendment No. 1) Order 2011**
**The Waltham Forest (Free Loading)
(Amendment No. 1) Order 2011 T20**

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Order and introduce pedestrian crossings under sections 6, 23 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

The general effect of the Order will be to

(a) Introduce No Waiting Monday to Saturday 7am to 10am on the north west side of High Road Leytonstone opposite Nos 567 and 571 High Road Leytonstone

(b) Introduce Limited Waiting Parking Monday to Saturday 7am to 7pm, maximum stay 2 hours, no return within 4 hours on the north west side of Lea Bridge Road outside 439 Lea Bridge Road and on both sides of Northumberland Road from a point 8 metres north west of the junction with Lea Bridge Road for a distance of 15 metres.

(c) Introduce a Loading Only Bay Monday to Saturday 7am to 7pm, on the north west side of Lea Bridge Road adjacent to the proposed Limited Waiting Bay.

4. Copies of the Orders, the Council's statement of reasons for proposing to make the Order and of plans showing the locations and effects of the proposals and Order can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Order, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.

5. Any person desiring to object to the proposed Order, or the proposed crossings, or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000 quoting reference 2011T20

Dated 6th June 2011

**Mr. K. Valavan, Head of Highways and Infrastructure,
Public Realm, Low Hall,
Argall Avenue, London, E10 7AS**

**LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 - SECTION
14(1) THE WALTHAM FOREST (HIGH ROAD LEYTON
AREA, IMPROVEMENT WORKS) (TEMPORARY
PROHIBITION OF TRAFFIC AND RESTRICTION ON
WAITING AND LOADING) ORDER 2011 TT27**

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 3rd June 2011 it made an Order to enable carriageway resurfacing and footway enhancements to be carried out in a safe and efficient manner in certain roads to enable improvement works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) suspend parking places, taxi ranks, pedestrian crossings, bus lanes, bus stops and bus stands and existing one way traffic operations, and ban certain traffic movements in the following roads.

2. Whilst the works are being carried out:-

(a) no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in that section of High Road Leyton that lies between its junction with Dawlish Road and the borough boundary with the London Borough of Newham (Crownfield Road and Temple Mill Lane), and those parking places, pedestrian crossings, bus lanes, bus stops and bus stands along this length of High Road Leyton shall be suspended;

(b) no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in all or part of the following roads, adjoining their junctions with High Road, Leyton, and those parking places, pedestrian crossings, bus stops and bus stands along their lengths shall be suspended:-

Adelaide Road, Alexandra Road, Balmoral Road, Brisbane Road, Buckingham Road, Church Road, Cranbourne Road, Crownfield Road, Dawlish Road, Downsell Road, Drapers Road, Dunedin Road, Gordon Road, Grange Park Road, Grove Green Road, Huxley Road, Leyton Park Road, Leslie Road, Lindley Road, Lyttelton Road, Maud Road, Murchison Road, Osborne Road, Osborn Road, Ruckholt Road, Sedgwick Road, St George's Road, St. Mary's Road, Sidmouth Road, Station Road, Stewart Road, Trelawn Road, Tyndall Road Vicarage Road, Warren Road, Windsor Road and York Road;

(c) the existing one way traffic operations in the following roads shall be suspended:-

Adelaide Road, Alexandra Road, Dunedin Road, Grove Green Road, Langthorne Road, Leslie Road, Leyton Park Road, Lyttelton Road, Maud Road, Ruckholt Road, St. George's Road, St. Mary's Road, Sedgwick Road, Trelawn Road, Warren Road and York Road;

(d) waiting facilities for taxi cabs shall be provided in certain sections of Maud Road and Trelawn Road

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, traffic signs will indicate alternative routes for traffic.

4. Vehicles waiting or loading in disregard of this Order may be removed.

5. The restrictions mentioned above will not apply in relation to any vehicle being used -

(a) in connection with the said works;

(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

6. The Order will come into operation on 6th June 2011 and will be valid for a maximum period of 14 months or until the works are completed, whichever is the sooner.

NOTE: These works will not be carried out simultaneously along the whole length of High Road Leyton described in sub-paragraph 2(a) above or in all roads describe in sub-paragraphs 2(b) and (c) above but in a sequence as directed by the Council. Leaflets will be distributed and signage placed in advance of any works in the above mentioned roads which will give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

Dated 6th June 2011

**Mr. K. Valavan, Head of Highways and Infrastructure,
Public Realm, Low Hall,
Argall Avenue, London, E10 7AS**

**LONDON BOROUGH OF WALTHAM FOREST
CONVERSION OF VOUCHER PARKING PLACES –
FREE PARKING FOR 15 MINUTES AND VOUCHER
PARKING - CHINGFORD MOUNT E4, HIGH ROAD
LEYTON E10 AND STATION ROAD E4 AREAS T17**

(This notice is about the introduction of an experimental Traffic Order to convert existing voucher parking places in Chingford Mount E4, High Road Leyton E10 and Station Road E4 areas into shared use operation: allowing free parking for 15 minutes and voucher parking for a maximum stay period of 2 hours). During the first 6 months that this experimental Traffic Order is in operation, objections may be made to it being continued permanently – see paragraph 5.)

1. NOTICE IS HEREBY GIVEN that the London Borough of Waltham Forest (the Council) on 17th June 2011 made The Waltham Forest (Voucher Parking Places) (Amendment No. 1) Experimental Traffic Order 2011 under sections 9 and 10

of the Road Traffic Regulation Act 1984. The Order will come into force on 27th June 2011 and may continue in force for up to 18 months.

2. The general effect of the Order will be to convert certain existing voucher parking places into shared use operation Monday to Saturday 10am to 4pm, allowing free parking for an initial 15 minutes, with no return for 2 hours, and voucher parking for a maximum stay period of 2 hours, with no return for 2 hours in:-

(a) Chingford Mount, E4 area: Albert Avenue, Albert Crescent, Chingford Mount Road, Hall Lane, Mount Avenue, Normanshire Drive and Templeton Avenue; Old Church Road; (b) High Road Leyton, E10 area: Adelaide Road, Balmoral Road, Buckingham Road, Dunedin Road, High Road Leyton, Huxley Road, Lyttelton Road, Murchison Road, Osborne Road, St. Mary's Road, Sedgwick Road, Sydmouth Road, Tyndall Road, Warren Road and Windsor Road; and

(c) Station Road, E4 area: Buxton Road, Carbis Close, Connaught Avenue and Forest Approach; Springfield Road; Station Road.

3. Where it appears necessary for certain purposes, the Portfolio Holder for Environmental Services or some other person authorised by him, may, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, modify or suspend any provision of the experimental Traffic Order while it is in force.

4. Documents giving more detailed particulars of the Order are available for inspection between 9.30 am and 4.30 pm on Mondays to Fridays inclusive (except Bank Holidays), from 21st March 2011 until the Order ceases to have effect, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17 4JF; (b) The Waltham Forest Direct Shop, 819 High Road, Leytonstone, E11 1HQ; and (c) Low Hall Depot, Argall Avenue, London, E10 7AS.

5. The Council will be considering in due course whether the provisions of the experimental Order should be continued in force indefinitely by means of a permanent Order made under sections 45, 46 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Order for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Order comes into force or, if the Order is varied by another Order or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Environment and Regeneration, Low Hall, Argall Avenue, London, E10 7AS.

Any objection may be communicated to, or be seen by, other persons who may be affected.

6. If any person wishes to question the validity of the Order or of any of its provisions on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Order is made, apply for the purpose to the High Court.

Dated 6th June 2011

**Mr. K. Valavan, Head of Highways and Infrastructure,
Public Realm, Low Hall,
Argall Avenue, London, E10 7AS**

**LONDON BOROUGH OF WALTHAM FOREST
PROPOSED INTRODUCTION OF WAITING
RESTRICTIONS – VARIOUS ROADS**

**The Waltham Forest (Waiting and Loading
Restrictions) (Amendment No. 5) Order 2011**

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 3rd June 2011 made the above-mentioned Order under section 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order will be to:-

(a) introduce waiting restrictions operating "at any time" into certain sections of Bridge End E17, Marmion Avenue E4 and

Ravenswood Road E17.

(b) introduce waiting restrictions operating "at any time" at the following junctions:-

Aschan End and Durban Road E17

Brisbane Road and Windsor Road E10;

Barclay Road and Maynard Road E17

Cheney Row and Durban Road E17

Chingdale Road and Friday Hill East E4

Clarence, Lowther and Mayfield Roads E17

Durban Road and Kimberley Road E17

Richmond Road and Station Road E4

Newman Road and Southcote Road E17;

Rensburg Road and Salop Road E17

Marmion Avenue and Middleton Avenue E4

Maynard Road and Shernall Street E17

Lowther Road and Shakespeare Road E17

Larkshall Road and Mayfield Road E4

Glenlower Road and Richmond Road E4

Goldsmith Road and Lowther Road E17

Forest Drive and Oak Hill IG8

Forest Glade and The Avenue E4

Orford Road and Summit Road E17

(a) Wilmot Road E10 and un-named road located between Nos. 6 and 8 Wilmot Road; and

(b) extend the lengths of existing waiting restrictions operating "at any time" in certain sections of - Lynton Road and Underwood Road E4 at their junctions with Bourne Gardens.

3. Copies of the Order, which will come into operation on 6th June 2011 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 819 High Road, Leytonstone, E11 1HQ; and (c) Low Hall Depot, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated 6th June 2011

**Mr. K. Valavan, Head of Highways and Infrastructure,
Public Realm, Low Hall,
Argall Avenue, London, E10 7AS**

Planning

Planning and Compulsory Purchase Act 2004

The Town and Country Planning (Local

Development) (England) Regulations 2004

The Town and Country Planning (Local

Development) (England)

(Amendment) Regulations 2008

Notice of Submission of a Development Plan

Document - Regulation 30(3)(e)

Waltham Forest Local Development Framework

(LDF) Core Strategy Submission

Notice is hereby given that Waltham Forest Council has submitted the above development plan document to the Secretary of State for Communities and Local Government for independent examination. The Core Strategy document sets out the long term spatial vision and strategy for delivering and managing growth in Waltham Forest over the next 15 years (to 2026).

Inspection of documents

Copies of the LDF Core Strategy and accompanying submission documents including a Schedule of Representations made at the publication stage, Schedule of Post Publication Minor Changes, Sustainability Appraisal

Report, and a Consultation Statement on the preparation of the document are available for inspection:

- at all Waltham Forest Libraries, Waltham Forest Direct Shops (during normal opening hours),
- at Sycamore House (Reception), Waltham Forest Town Hall Complex, London E17 4JF
- by downloading from the Council's website: www.walthamforest.gov.uk/ldf

Further information:

For enquiries, email planning.policy@walthamforest.gov.uk or contact the Spatial Planning Unit on Tel. 020 8496 3000.

Dated 6 June 2011

Gordon Glenday - Head of Spatial Planning

**LONDON BOROUGH OF WALTHAM FOREST
PLANNING (LISTED BUILDINGS AND CONSERVATION
AREAS) ACT 1990 - SECTION 67**

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2011/0613

APPLICANT T J Huddle Ltd

ADDRESS 74 Grosvenor Park Road, Walthamstow, London E17 9PG

PROPOSAL Construction of four storey building to form three self-contained flats (1x3 bed, 2x2 bed).

APPL.NO 2011/0648

APPLICANT Mr Andrew Ryan

ADDRESS 45-47 Station Road, Chingford, London E4 7BJ

PROPOSAL Retention of single storey extension at rear with new brick cladding.

**LONDON BOROUGH OF WALTHAM FOREST
TOWN & COUNTRY PLANNING
(GENERAL DEVELOPMENT PROCEDURE)
ORDER 1995 - NOTICE UNDER ARTICLE 8**

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2011/0619/LA

APPLICANT Mr Trevor Brown

ADDRESS Mission Grove Primary School, Buxton Road, Walthamstow E17

PROPOSAL Installation of steel frame canopy.

APPL.NO 2011/0623

APPLICANT London 2012

ADDRESS Drapers Field, 22 Gordon Road, Stratford E15 2DD

PROPOSAL Temporary Athletes' Village Operational Support Area (VOSA) to provide back of house services during the London Olympic and Paralympic Games 2012 (from 1st September 2011 - 31st December 2012), comprising: erection of a 13 metre high tented warehouse building; an administration building; WC building; 1 x pedestrian & 1 x vehicle accreditation area structures; refrigeration storage unit; 28 shipping containers and an Outer Perimeter Fence (OPF) and demarcation fence. Provision for 24 parking spaces, 44 parking spaces for buggies and, associated alterations and landscaping.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. -

5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated 6 June 2011

**David Scourfield - Head of Development
Management on Behalf of London Borough of
Waltham Forest**

Press Statement

**PRESS STATEMENT
26, 28 & 30 GAINSFORD ROAD, WALTHAMSTOW,
LONDON E17 6QB**

Mr Shahzad Arif and Mr Mohammad Arif have appealed against the London Borough of Waltham Forest's decision to serve Enforcement Notices against the erection of single storey buildings at these addresses.

An Inquiry is to be held on Wednesday, 20th July 2011 at 10am at the Town Hall, Forest Road, Walthamstow, London E17 4JF. An independent Planning Inspector appointed by the Secretary of State for Communities and Local Government will chair the inquiry and decide the appeal.

Members of the public may attend the inquiry and, at the Inspector's discretion, express their views or send in written comments to the Planning Inspectorate at the address below quoting the references: APP/U5930/C/1/2144370 (No 26), APP/U5930/C/11/2144602 (No 28) and APP/U5930/C/11/2144604 (No 30).

Contact point at the Planning Inspectorate: Mr Kevin Carpenter, Room 3/26 Wing, Temple Quay House, 2 The Square, Temple Quay, Bristol, BS1 6PN. Tel: 0117-372 6344.

If members of the public wish to discuss the case with an officer of the Council, they should contact John Harrison on 020 8496 6718 (Wednesday to Friday only).

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Stephen Barnabis - Tumble in the Jungle - www.tumbleinthejungle.co.uk

"The session went very well - we had enough people attend to mean that we can go ahead with running the course next year. Thanks for your help with the advert."

Chris Hatfield - Birkbeck, University of London - www.bbk.ac.uk

Don't waste time, to advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Eva Jaber or email: advertisingwfn@walthamforest.gov.uk

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Did you know you can call one phone number to sort out all manner of queries and problems associated with council services?

Waltham Forest Direct (WFD) can be contacted by phoning 020 8496 3000 between 8am and 8pm Monday to Friday and 9am to 3pm on Saturdays. It is your instant route to a dedicated team of friendly and helpful people who can help you.

They can deal with enquiries about services ranging from waste and recycling to Council Tax.

The call centre is also open outside of the core hours to assist with emergency enquiries.

WFD shops can assist with:

- Adult services
- Council Tax
- Housing
- Street and Parking Services
- Benefits
- Environmental Services
- Planning and Building Control
- Waste and Recycling



Waltham Forest

So if you've got a problem and nobody else can help, why don't you try the WFD Team.

Tel: 020 8496 3000

Advertising



Le Tour de Waltham Forest

Sunday 26 June 10am-5pm
Walthamstow Town Square

- Free cycling extravaganza with fun displays and bike safety checks.
- Guided bike rides around the borough, including Lee Valley and Epping Forest.
 - Gold ride (22 miles) 11am
 - Silver ride (16 miles) 1pm
 - Bronze ride (6 miles) 12noon and 2pm

Arrive early to register and collect your smoothie! **020 8496 3000**
www.walthamforest.gov.uk/tour-de-wf

Waltham Forest
It's happening here

The London 2012 Olympic and Paralympic Games in your area

The Olympic and Paralympic Route Network will be essential to the London 2012 Games, helping athletes and officials to get to their events on time.

A range of temporary traffic changes will be in place in your area next summer.

To have your say about the temporary changes, or to find out more, come to meet the Transport for London team at the following events:

Date and Time	Location
Monday 13 June 10:30 – 13:30	Asda, Leyton Mills Industrial Estate, E10 5NH
Wednesday 15 June 16:30 – 19:30	Asda, Leyton Mills Industrial Estate, E10 5NH

For more details and for other ways to get in touch visit tfl.gov.uk/ORN

MAYOR OF LONDON

Transport for London



Short Break carers

A little time from you - a huge benefit for a child



Want to do something great this year?

You could be a Short Break Carer for a disabled child.

A Short Break Carer is someone who looks after a disabled child for short periods of time on a regular basis. Just a few hours can make a big difference to some disabled children and their families.

A short break can give a disabled child the opportunity to make new friends, try new activities and gain independence.

It gives the families of disabled children a well earned rest from full time caring, lets them get out for the evening, spend time with their other children or just put their feet up.

You get to have fun and the satisfaction of knowing that you are making a difference to a disabled child and their family. All we ask is that you enjoy looking after children and you are able to give some time on a regular basis. We will give you support, training and a regular allowance.

Alternatively, please e-mail susan.buckman@walthamforest.gov.uk or visit www.walthamforest.gov.uk/adoptandfoster

To find out more come along to meet social workers and foster carers at our information session on

Tuesday 21 June

at: Waltham Forest Town Hall (Room 3), Forest Road, Walthamstow E17 4JF (6.30pm-8.30pm)

to request an information pack call

020 8496 3000

or to speak to the Fostering Team directly call:

020 8496 1598

(9am-5pm Mon-Fri)

